

Lil' Kickers & Skills Institute Schedule
FEBRUARY 28 - JUNE 3 2017

Visit lifequestfitness.net for
 class details and videos
 Ask about bringing a friend!



Lil' Kickers

Ages 18m - 9 years
 13 Week Session \$175.50+tax
 Classes will be prorated once session has begun

No Classes

APRIL 4
APRIL 7
APRIL 8

More Information Contact

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 Lil' Kickers Coordinator
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Skills Institute

Ages 5 - 12 years
 13 Week Session \$201.50+tax
 Classes will be prorated once session has begun



Ask us about creating a private class for just YOU & your friends!

Experience child development through soccer play!

Class Name & Age Range	Tuesday		Friday	Saturday
Bunnies 18- 24 month (Parent/Child)	4:00p A			9:30a A
Thumpers 25 - 35 months (Parent/Child)	5:30p D			9:30a D
Cottontails 2.5 - 3.5 years (Parent/Child)	4:00 B 6:30p B		10:00a A	10:30 D
Hoppers 3 - 4 years (Beginners)	4:00p C 6:30p C		11:00 A Sam	9:30 C
Jackrabbits 3 - 4 years (Intermediate)	5:30p B			10:30a C
Big Feet 5 - 6 years (Beginners)	5:30p C			9:30a B
Micro 4/5 Class (intermediate 4 - 5 years)	4:00p D			10:30a A
Micro 6/7 Class (intermediate 6-7 years)	6:30p A			10:30a B

Lil' Kickers is more than just a great soccer program for kids. Our balanced and creative approach to coaching will have a positive impact on your child that goes far beyond the soccer field. Our high-energy soccer classes are carefully designed to enhance your child's overall growth and well-being. The result? Kids with strong physical skills, who are well-balanced and confident. And, we do all this while your child has the time of their life.

Soccer skills taught the way kids learn



Skills Institute 5/6 (5-6 years)	6:30p D		8:30a D
Skills Institute 7/12 (7-12 years)	5:30p A		8:30a B

Skills Institute is a developmental soccer program for boys and girls ages 5-12 years. This program was developed for the soccer player looking for more. Throughout each session players will be evaluated, experience chalk talks, video analysis, and the occasional homework assignment to practice at home. Players will walk away more confident, equipped for their next right step, and ready for life's challenges on and off the field.