

Lil' Kickers & Skills Institute Schedule

May 12 - July 11 2015



Lil' Kickers

8 week sessions

Ages 18m - 9 years \$13.50per class

Skills Institute

8 week sessions

Ages 5 - 8 years \$15.50per class

Ages 9 - 12 years \$16.50per class

**Pre-Registration Discount
available before May 11**

Lil' Kickers \$99

SI 5-8y \$115

SI 9-12y \$125

More Information

Sarah Evans

Lil' Kicker/Skills Institute Coordinator

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509.545.5191

Visit lifequestfitness.net for class
detail and videos

Holiday Schedule Changes

No classes June 30 & July 3, 4



Enroll Anytime LifeQuestfitness.net or 545.5191

Class Name & Age Range	Tuesday	Wednesday	Thursday	Friday	Saturday
Bunnies 18- 24 month (Parent/Child)					9am A Coach Ezmond
Thumpers 25 - 35 months (Parent/Child)				9:30am B Coach Sam	9am C Coach Brianna
Cottontails 2.5 - 3.5 years (Parent/Child)					9am D Coach Kenadee
Hoppers 3 - 4 years (Beginners)	5pm B 6pm B Coach Aubrie			9:30 A 10:30 A Coach Ezmond	9am B 10am B Coach Aubrie
Jackrabbits 3 - 4 years (Intermediate)	5pm C Coach Ezmond			10:30 B Coach Sam	10am D Coach Brianna
Big Feet 5 - 6 years (Beginners)	5pm D Coach Marcus				11am D Coach Kenadee
Micro 4/5 Class (4 - 5 years)	6pm C Coach Ezmond				10am A Coach Ezmond
Micro 6/7 Class (6-7 years)					11am B Coach Ezmond
Skills Institute Level 1 5/6 (5-6 years)	5pm A Coach Blake				10am C 12pm C Coach Blake
Skills Institute Level 1 7/8 (7-8 years)	6pm A Coach Blake				11am C Coach Blake
Skills Institute Level 1 9-12 (9-12 years)	6pm D Coach Massine				11am A 12pm A Coach Massine